

## FSU Circus Camp Parents' Guide

### Drop Off and Pick Up

Campers can be dropped off at the Circus Tent, between 7:45am - 9:00am. We are located at 269 Chieftan Way, directly across from the FSU Baseball Stadium. Group activities begin at 9:00am so please be on time so you don't miss any of the fun! Campers can be picked up between 3:00pm – 3:30pm in the Circus Tent.

Every camper will need to be signed-in and signed-out everyday. To assure the safety of your camper(s) we will require a driver's license for pick up. Only people listed on our *Authorized Pick-up List* will be allowed pick up campers. The *Authorized Pick-up List* can be modified, in person, at any time. Simply let us know and we will be happy to adjust it.

If your camper needs to leave early, you can sign your camper out at the Circus Hut and our staff will get them from their group. When you arrive to pick up your camper, they may be involved in an activity. Be prepared to wait up to 10 minutes for your camper to leave the group, gather their belongings and meet you. If you know ahead of time that you will be picking up your child early, please send a note or call, and we will try our best to have your camper ready and waiting.

### Monday Morning Drop Off

Our schedule on Monday is a little different than the rest of the week. On Mondays at Drop Off, we will confirm the *Authorized Pick-up List*, payment, and contact information. This process can take up to 20 minutes. From 9:00am - 9:30am our camp director is available to answer any questions you may have.

### Daily Camp Schedule

7:45 am - 9:00 am: Drop Off in Tent

9:00 am – 9:25am: Group Stretching

9:30 am - 10:25 am: First Rotation

10:30 am - 11:25am: Second Rotation

11:30 am – 12:00 pm: Lunch

12:05 pm – 1:00pm: Third Rotation

1:05 pm – 2:00 pm: Fourth Rotation

2:05 pm – 3:00 pm: Fifth Rotation / Camper Showcase on Friday

3:00pm - 3:30 pm: Pick Up in Tent

## **REFUND INFORMATION**

Full refunds will be given only for medical reasons documented by a physician.

## **DAILY ACTIVITIES**

Campers will learn a variety of circus acts. Acts include: flying trapeze, trampoline, juggling, static trapeze, and several more. Camp is held exclusively on the FSU Circus grounds; under the Circus Tent, and inside the Circus Hut.

## **STAFF**

Our staff is made up entirely of FSU Circus student performers carefully screened and selected by FSU's Circus Department. Our staff to camper ratio is 5 campers to 1 staff member. All members of our camp staff have passed a Federal background check.

## **CAMPER SHOWCASE**

On Fridays at 2:00 pm our campers will have the chance to show off some of their new skills. Parents and guests are welcome. Typically the showcase ends by 3:00 pm. Parking will be available in the parking lot adjacent to the Circus facility.

## **PREPARING FOR CAMP**

### **Appropriate Camp Clothing**

Campers should wear snug fitting athletic clothing. For the girls, a leotard or tight fitted shirt, with shorts is great. For guys, shorts cut above the knee are best. Locker rooms are available for campers to change. Campers should wear their camp shirt on Friday for their showcase.

### **Appropriate Camp Shoes**

Campers should wear closed toed, athletic shoes and socks everyday. In addition, campers can bring ballet or jazz shoes if they have them but they are not essential.

### **Hair**

Campers with medium to long hair should always have something to tie their hair back with, preferably something that will not break or poke anyone during acrobatic training.

## **Jewelry**

Campers should not wear jewelry. Necklaces and earrings can easily get hung up in equipment and rings can bend and break.

## **Backpacks**

Backpacks are great for keeping the campers belongings together. Campers are welcome and encouraged to bring them. We will have areas designated for personal belongings that will be overseen by staff throughout the day. Backpacks should be clearly labeled with your camper's name.

## **Lunch and Snacks**

We do not provide refrigeration or a microwave for lunches so they should be packed accordingly. Lunches may be brought in a number of various containers including paper bags, thermal lunch bags, or a small cooler. Lunch containers should be clearly labeled with your camper's name.

## **Water**

The Circus complex does have a water fountain and we will have water available for campers; however we strongly recommend that campers bring a water bottle with them, clearly labeled with their name.

## **Sunscreen and Lotion**

Almost all Circus activities at camp will be under the Circus Tent or inside the Circus Hut. We request that sunscreen not be worn to camp as it is slippery and will impede your camper's ability to practice the skills being taught. Feel free to pack sunscreen for your camper in the event that we go outdoors.

## **Camp Days**

Expect your camper to come home a little dirty, tired and rumped after a full day of camp fun!

## **Lost & Found**

Campers are responsible for their belongings. Our staff will do their best to ensure that campers keep up with gear. Please check with the staff member at pickup if your camper has lost something. All lost & found items will be donated to local charities after one week.

## **Medication**

If your camper will need to take any medication, a Medication Form must be filled out by a parent or guardian. We must know the prescription, dose, time, and instructions

for administration of medication. This includes over the counter medication. No medications will be given without this release. Only medications provided by parent or guardian will be given. Medications not picked up after 5 days will be destroyed.

## **Illness**

If your child is ill, please keep your camper at home. We ask you to share our concern for the health of all the campers. We require prompt pick up in the event your child becomes ill during the program.

## **Camp Guests**

Family members and individuals approved by the registrant are welcome to stay and watch their respective camper after Drop Off or prior to Pick Up. Any visitor that is not an approved contact for a camper will need to contact the Circus Camp Staff first.

## **Injuries**

In addition to our staff being First Aid trained, the FSU First Responders are located on campus and can be reached in case of an emergency. Campers need to notify the Circus Director of any injuries they sustain while attending camp.

\*\*We reserve the right to delay or cancel any activity to maintain the safety of our campers and staff. The Emergency Contact number at the FSU Circus is 850-645-0562

## **Camper's Behavior**

Our disciplinary system was developed to ensure your child has a safe and positive camp experience. All disciplinary action will be handled in a **THREE STEP METHOD** outlined below:

**STEP ONE:** A **verbal warning** will be given to the camper informing them that a rule has been broken and that they are acting inappropriately. The camper will be asked to explain the behavior and be warned not to continue. With each step, a counselor will address any problems with the camper that could be causing undesirable behavior. The camper and the counselor will look for a solution to correct the problem.

**STEP TWO:** If a camper's behavior remains unsatisfactory after a verbal warning, they will be sent to **time out**. Once in time out, a camper will sit out the activity for up to ten minutes depending on their age.

**STEP THREE:** The final step is the **discipline report**. The parent will be called/notified of their camper's behavior. A discipline report will be filled out by the camper and director specifically stating what the camper did, what they should have done, and comments by the counselor and director. A camper can go directly to a discipline report if the behavior warrants immediate attention by the director and parents. If a camper receives

three or more discipline reports during the summer, the camper will be suspended for one day. The parent will be called and asked to Pick Up their camper within ONE hour.

The FSU Circus Camp reserves the right to suspend any camper for inappropriate or unsafe behavior at any time.

### **Discipline Guidelines & Procedures**

It is the Circus' Camp sincere hope that your camper will venture through this summer enjoying themselves to the fullest meeting new friends, and enjoying all that they do. With this in mind, the camp has established specific rules and a discipline system, which every camper is expected to follow. **PARENTS, PLEASE DISCUSS THE RULES WITH YOUR CAMPER BEFORE THE BEGINNING OF CAMP!** Any of our counselors will be available to discuss our discipline system on a one-on-one basis.

### **Camp Rules**

1. Please Know the Circus Camp rules and follow them at all times!
2. Stay with your group at all times, unless you have permission from your counselor.
3. Respect all fellow campers, counselors and other Circus staff.
4. Be courteous with the words you use. Inappropriate language will not be tolerated. Campers will be expected to tell their parents the word or words used.
5. Keep your hands & feet to yourself at all times. You are not allowed to touch another camper/staff member in a negative way.
6. Be respectful of others' belongings. Do not take anything that is not yours.
7. Respect your environment and the Circus facility by throwing away all trash and returning equipment to the proper place after use.
8. Do not bring toys or valuables to camp (i.e. iPods & game boys.) We are not responsible for items that are lost or broken.
9. Phone calls are to be made only in the event of an emergency. Please send a note if your camper will need to call home at any time during the day. Campers may bring cell phones, but they are not to be used during the day and must be kept with their belongings in the locker rooms or cubbies. We are not responsible if they are lost or broken.
10. Always follow the Golden Rule by treating others as you wish to be treated.

**\*\*Information in this packet is subject to change\*\***